



**PSI**™ 

**PIERRE SPIES INTERNATIONAL SPORT INSTITUTE**



**DYNOSTICS**  
MOBILE LEISTUNGSANALYSE

The Smart Analyzer

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**DYNOSTICS**  
MOBILE LEISTUNGSANALYSE

# The Smart Analyzer

# 1

## DYNOSTICS NUTRITION

The metabolism analysis DYNOSTICS nutrition determines the personal basal metabolic rate, which means the exact calorie consumption per day, as well as the proportion of carbohydrates, fat and protein.

- Nutritional Function
- Once off fee

**R 345.00** incl. VAT

# 2

## DYNOSTICS PERFORMANCE

DYNOSTICS performance shows exactly in which pulse ranges the most fat is burnt, when power is increased and when muscles in the anaerobic area over acidify.

- Performance Function
- Once off fee

**R 920.00** incl. VAT

# 3

## DYNOSTICS COMBO

Get the full benefits that the DYNOSTICS Smart Analyzer has to offer with this combo package!

- Nutritional & Performance Function
- Once off fee

**R 1 150.00** incl. VAT

**For more information please contact us at  
012 111 9061 or [info@psisportinstitute.com](mailto:info@psisportinstitute.com)**

R450 consultation fee. Terms & Conditions Apply.

