



PSITM 

PIERRE SPIES INTERNATIONAL SPORT INSTITUTE

wattbike

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1

WATTBIKE INTRO

- 60 minute duration
- Once off fee
- Booking is essential
- Start-up: How to use Wattbike

R 500.00 incl. VAT

2

WATTBIKE BLUE

- 1 hour coached session with PSI Performance Coach
- Once off fee
- Booking is essential

R 595.00 incl. VAT

3

WATTBIKE WHITE

You can train in the PSI Wattbike Performance Zone on your own "speed" **without** PSI Performance Coach.

- 8 sessions (2 sessions per week of 60 minutes duration max)
- Monthly per person
- Booking is essential

R 1 000.00 incl. VAT

4

WATTBIKE SILVER

You can train in the PSI Wattbike Performance Zone **with** PSI Performance Coach.

- Small Group Training
- Monthly per person
- 2 sessions per week of 60min duration max
- Booking is essential

R 1 999.00 incl. VAT

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WATTBIKE TEST

Wattbike Threshold Testing & pedal analysis **with** PSI Performance Coach.

- 60 minute duration
- Once off fee
- Booking is essential

R 600.00 incl. VAT

**For more information please contact us at
012 111 9061 or info@psisportinstitute.com**

R450 consultation fee. Terms & Conditions Apply.

